

Rebound Beach Volleyball Rules

The Rules

Serving

1. The ball is to be served after the umpire's whistle.
2. The ball may only be served over or under-arm.
3. One foot must be touching the back net for the toss of the serve. One step may be taken hereafter.
4. The ball may only contact the divider-net on the serve. (Side, back and top nets will be deemed out.
5. A team only scores a point when their team serves.
6. The ball must serve and rotate clockwise.

General Play

1. Each team is allowed 3 hits to return the ball.
2. The team receiving the serve must hit ball twice before the ball is returned to serving team.
3. Each hit must be made clear, ie. not carried or lifted.
4. Kicking is allowed but not recommended.
5. It is forbidden to make any physical contact with the centre net whilst attacking or defending. The only time this will not apply is when the ball is driven into the net causing it to then contact the player.

Blocking

1. A block is not recognized as a "personal" contact. This means that after a block has been made, that same player (blocker) may hit it consecutively and the team would still have one remaining hit.

Off-Side

1. Off-sides will only be called when a player has influenced the opposing teams play. (If someone steps on their opponent's court and the ball is nowhere near the player, then the rally will continue.)

Time Out / Substituting

1. Each team is allowed 1 time-out per half. A time-out lasts up to a maximum of 1 minute.
2. Time-outs can be used any time except for the final 5 minutes of the second half.
3. When subbing, changes must be male for male and female for female.
4. When subbing or calling a time-out etc. the captain must always be the one to notify the umpire. This can only be done on your team's serve.

Mixed Team Sizes

4-A-Side Mixed

One of the opposite sex on the court at all times.
Minimum of two players to take the court.

5-A-Side Mixed (Mondays)

A minimum of 2 females and at least 1 male on the court at all times.
Minimum of three players to take the court.

6-A-Side Mixed

6 players - two of the opposite sex on the court at all times.
5 players - two of the opposite sex on the court at all times.
4 players - one of the opposite sex on the court at all times.
Minimum of three to take the court.



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Extra Time (Only in Grand Finals)

The game consists of 2 X 20 minute halves with a two minute break in between. The only time "extra-time" will be granted is when there is a draw at the end of a grand final. Intervals of three minutes will be played out until there is an outright winner. Draws in Semi's and Prelims will result in the team higher on ladder progressing through.

Points

Win = 4

Draw = 3

Loss = 2

Bonus Points = 1 for winning each Half?

Forfeit = -8 from offender and +8 to non offending team

Requested Bye = 0 points

Draw Bye = 6 points.